

GRIEF ISLAND

Upopolis Grief Island is a safe and secure, private online community, that connects youth aged 13-23 who are navigating grief.

Upopolis offers youth the opportunity to:

- · connect with peers with similar experiences
- access support and resources from our team of Certified Child Life Specialists
- participate in virtual groups and skillbuilding workshops
- collaborate with other youth and our team on projects and resource development

Upopolis has a team of Certified Child Life Specialists who work closely with our youth, partners, and referrers to develop unique content and programming. Our team also seeks out and vets resources from reliable sources to share with youth on Upopolis Island.

To join Upopolis Grief Island, ask for a referral from a teacher, health professional or email: support@upopolis.com







Why Grief Island?

Unique Therapeutic Benefits:

- The Upopolis Grief Island provides a safe and therapeutic online outlet for youth who are grieving the death of someone in their lives.
- Access to trusted coping and wellness information provided by organizations that have been vetted by our Upopolis team.
- Self-expression through the sharing of youth stories, posts, and contributions for content.
- Support and supervision by Certified Child Life Specialists who understand the unique developmental needs of youth related to grief.

Youth Safety is the Priority:

- All users are referred by professionals or members of an organization that have been verified by the Upopolis team.
- Usernames on Upopolis are never anonymous. First names and last initials are used for ALL youth.
- Our team is aware of the content posted and the user activity through reports that are reviewed daily.
- Upopolis users can contact our Upopolis team if they have questions or concerns about users, posts, or content.

Visit: https://island.upopolis.com email: support@upopolis.com

