Sibling Island

Upopolis Island provides siblings with a safe, secure, private online community to connect with other youth aged 13-23 who are navigating illness and hospitalization. Sibling Island is a private online group within Upopolis for youth who have a brother or sister with a medical diagnosis or condition.

YAP Island offers youth the opportunity to:

- A sense of belonging to a safe, secure, private community so youth can connect with other youth who share the same experiences
- Information about their sibling's diagnosis or condition through age-appropriate and vetted content
- Easily accessible resources that offer tips, activities and information to help youth cope with the feelings and experiences associated with being a healthy sibling.

To join Sibling Island, ask for a referral from a teacher, health professional or email: support@upopolis.com

Why Sibling Island?

Unique Therapeutic Benefits:

- The Upopolis Sibling Island provides a safe and therapeutic online outlet for youth who are navigating the illness of a sibling.
- Available content and programming to help youth cope with the experience of being a healthy sibling.
- Access to trusted information provided by organizations that have been vetted by our Upopolis team.
- Self-expression through the sharing of youth stories, posts, and contributions to content.
- Fully accessible online on any device, from anywhere in the world.

Youth Safety is the Priority:

- All users are referred by professionals or members of an organization that have been verified by the Upopolis team.
- Usernames on Upopolis are never anonymous. First names and the last name initial are used for ALL youth.
- Our team is aware of the content posted and the user activity through reports that are reviewed daily.
- Upopolis users can contact our Upopolis team if they have questions or concerns about users, posts, or content.

Visit: https://island.upopolis.com

email: support@upopolis.com